

Overview

- Short-term, time-limited involvement for patients 18 years and older who require initiation, adjustment, and monitoring of psychiatric medications for concerns that are **urgent in nature**
- Upon completion, patients are discharged back to their primary care provider or walk-in clinic
- Patients must reside in Waterloo Regional Health Network’s catchment area **(Kitchener, Waterloo, Wellesley, Wilmot, and Woolwich)**
- Valid health insurance required (e.g., OHIP, UHIP, CIHIP, IFHP, private insurance) – in the absence of coverage, patients are billed for services

The Short-Term Psychiatry Clinic does not accept referrals for the following:

- Attention Deficit Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder (ASD)
- Third-party requests (e.g., court assessments, insurance assessments, etc.)

Required Documentation

- Medication History, CPP, Relevant Labs – referrals without these documents will be **declined**

Referring Provider Information

Physician/NP Name:

Backline Phone:

Fax:

Billing #:

CPSO/CNO #:

Signature:

Date:

Primary Care Provider

Is the referring provider the same as the PCP?

If **no**, please provide full name of PCP:

Patient Information

Legal Name:

Chosen Name:

DOB (dd/mmm/yyyy):

OHIP #/Version Code:

Sex:

Gender Identity:

Pronouns:

Address:

Preferred Phone Number:

Email Address:

Translator Required/Language:

Reason for Referral

Psychiatric Diagnoses	
<input type="checkbox"/>	ADHD - Attention Deficit Hyperactivity Disorder
<input type="checkbox"/>	ASD - Autism Spectrum Disorder
<input type="checkbox"/>	Bipolar Disorder
<input type="checkbox"/>	Depressive Disorders
<input type="checkbox"/>	Intellectual Disability
<input type="checkbox"/>	Neurocognitive Disorders
<input type="checkbox"/>	Personality Disorders
<input type="checkbox"/>	Psychotic Disorders
<input type="checkbox"/>	Substance-Use Disorder
<input type="checkbox"/>	Trauma & Stressor Related Disorders

Risk Assessment	PAST	PRESENT	COMMENTS
Suicide Attempts			
Suicidal Ideation			
Self-Harming Behaviour			
Homicidal Ideation			
Violent Behaviour			
Substance-Use Disorders			
Legal System Involvement			