Lymphedema Services in Waterloo Wellington

The organizations listed in this brochure have certified professionals to treat Lymphedema using Combined Decongestive Therapy (CDT), which includes Manual Lymph Drainage (MLD). The list may not include all therapists in the region. Therapists at each organization are subject to change. Please contact the organization directly for more information.

Before you book your appointment:

- Research the types of treatment they offer
- Verify the cost of appointments
- Discuss how often treatment will happen
- Confirm if you have extended health benefits or insurance coverage to pay for these appointments

For an Ontario wide list of certified professionals, visit www.lymphontario.ca.

Lymphedema Services

Location	Contact Information
Cambridge	Manual Therapies 506 King St. East, Cambridge, ON 226-218-8896 www.manualtherapies.ca
	Peak Performance Centre 614 Coronation Blvd., Cambridge, Ontario 519-620-7325 www.peakperformancehc.com
	Sage Naturopathic Clinic 1150 Franklin Blvd., Unit 101, Cambridge, Ontario 866-846-7776 www.thesageclinic.com

Location	Contact Information
Guelph	Central Health Care 203-806 Gordon Street, Guelph, Ontario 519-823-1450 www.centralhealthcare.ca
	Robin's Nest Family Care 319 Woolwich Street, Guelph, Ontario 519-265-4005 www.robinsnestfamilycare.com
	Lifemark Physiotherapy 649 Scottsdale Drive, Guelph, Ontario 519-763-2885 www.lifemark.ca
Kitchener	A Balanced Body Health Services 11 Belmont Ave West, Kitchener, Ontario 519-749-9600 www.abalancedbodyhealthservices.ca
	Grand River Sports Medicine 700 Strasburg Rd., Kitchener, Ontario 519-571-7111 www.grsm.ca
	Sage Naturopathic Clinic 1601 River Road East, Unit 103, Kitchener, Ontario, N2A 3Y4 866-486-7776 www.thesageclinic.com

Location	Contact Information
Kitchener	Swelling Solutions Lymphatic Health Centre 370 University Ave E #105-H, Waterloo, ON, N2K 3N2 519-749-0102 www.lymphkr.com
Waterloo	Ann Oaks Registered Massage Therapy 159 Belmont Avenue, Waterloo, Ontario 519-574-4428 www.annoaksrmt.ca
	Dearborn Health Performance and Wellness Centre 10-105 Lexington Rd., Waterloo, Ontario, N2J 4R7 519-884-4848 www.dearbornhealth.com
	Functional Medicine Uptown 109 Erb Street West, Waterloo, Ontario 519-745-1600 www.fmuptown.com
Salem/Elora	Salem Massage Therapy Clinic 295 South Street, Elora, Ontario, N0B 1S0 519-846-2819 www.wellington.ca/business-development/business-directory/salem-massage-therapy-clinic

Local Garment Fitters

Business	Contact Information
Frans Mastectomy Boutique	927 King St. East, Unit 106, Cambridge, Ontario 519-621-6080 www.fransmastectomyboutique.ca
Nu Me Boutique	825 Weber St. E., Kitchener, Ontario 519-571-9820 www.numeboutique.com
National Home Care	148 Weber St. E., Kitchener, Ontario 519-578-3188 www.nationalhomehealthcare.ca
Ontario Home Health	66 Delhi Street, Guelph, Ontario 519-821-9519 or 1515 King Street East, Unit 116, Cambridge, Ontario www.ontariohomehealth.ca

Use this resource for your information only. It does not replace medical advice from your doctor or other healthcare professionals. The above list of organizations and services is provided as an informational resource and is not exhaustive. The WRHN Cancer Centre does not endorse, recommend or guarantee the quality, safety, or effectiveness of any listed service, product or provider. The WRHN Cancer Centre assumes no liability for any injuries, financial loss, or other damages resulting from the use of these services. Patients are encouraged to exercise due diligence, conduct their own research, and consult their healthcare provider before making any decisions. Any services or products chosen from this list are used at the patient's sole discretion and risk. By using this resource, you acknowledge that the hospital bears no responsibility or liability for any experiences or outcomes associated with these businesses or services.